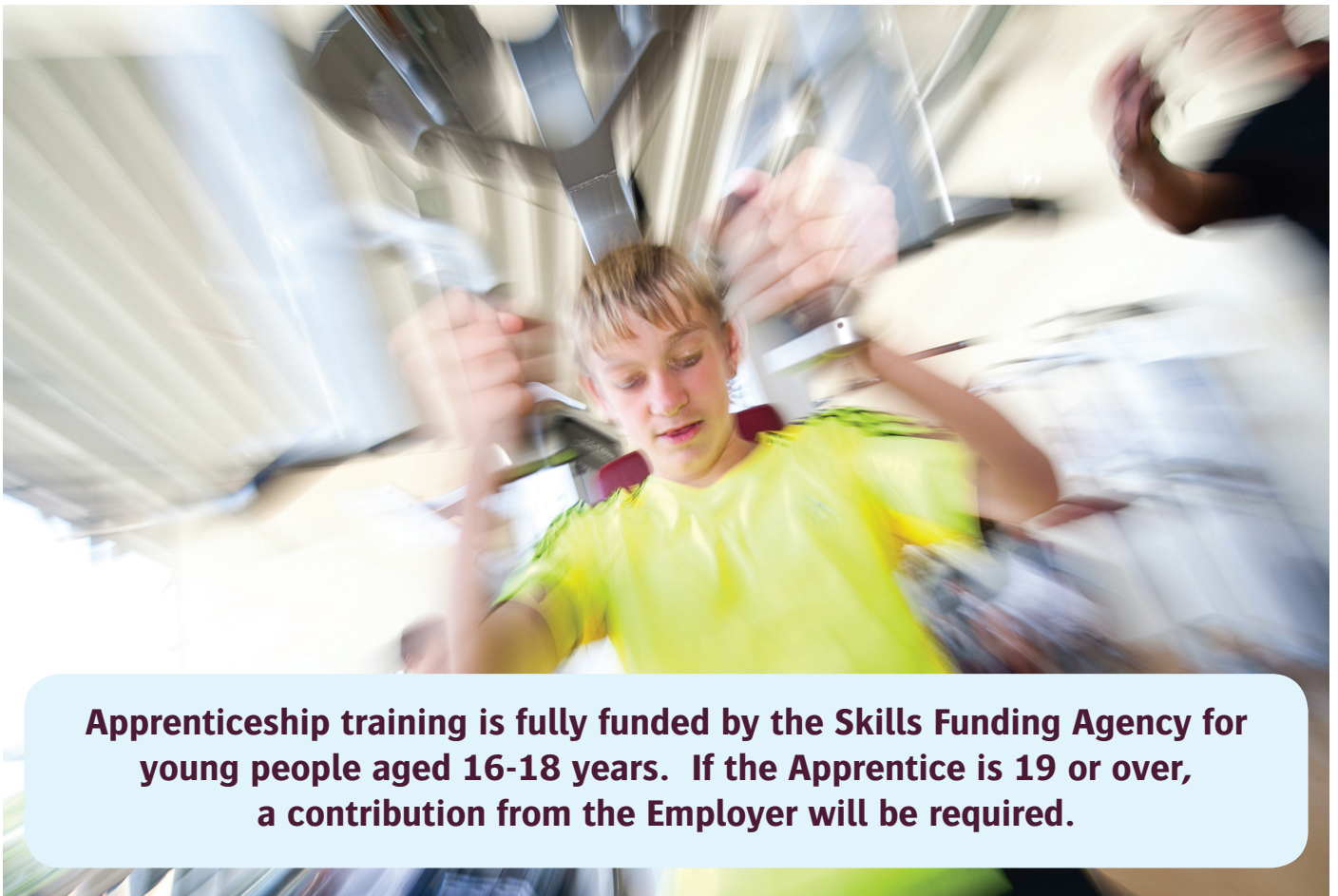


# South Downs College Apprenticeships

Working with Employers to deliver education and training

## Sport and Fitness Instructor



**Apprenticeship training is fully funded by the Skills Funding Agency for young people aged 16-18 years. If the Apprentice is 19 or over, a contribution from the Employer will be required.**

### **What is an apprentice?**

An apprentice is a trainee. They can be a new or existing paid employee whom you assist through a training programme. The training provides apprentices with up-to-date skills to enhance your business and further their professional knowledge. It is a system of training the next generation of employees.

Skills shortages are still one of the largest threats to UK businesses. Apprenticeships can help businesses across all industries by offering a route to harness fresh talent.

### **How does it all work?**

Training, monitoring and assessments are conducted mainly in the workplace. However one day per week is usually spent at college.

# Sport and Fitness Instructor

## The Apprentice will learn

Skills in the workplace	=	NVQ Level 2
To develop numeracy and literacy skills	=	Key Skills qualifications
Theoretical knowledge	=	Technical Certificate
Rights and Responsibilities	=	Employment Rights and Responsibilities Certificate

## As an employer you are required to:

- give apprentices an induction into the role and participate in their training
- agree and sign a training programme for the apprentice with the College
- ensure a healthy and safe work environment
- give tasks and responsibilities so the apprentice can achieve a qualification
- provide supervision and mentoring in the workplace
- have a contract of employment with the apprentice subject to normal employment terms and conditions
- pay a minimum wage to the apprentice
- enable assessors opportunities to undertake work based assessments
- liaise with College staff in supporting all aspects of the training



"I have learnt a massive amount this year, made new friends and formed strong relationships with colleagues."

**Ricki, Exercise & Fitness Instructor Apprentice**

## What people are saying:

"The Apprentices have brought energy and vibrancy to the workplace and I can honestly say that the benefits gained from the Apprenticeship Programme within this health and fitness club has exceeded my expectations." **Adam Carty, General Manager, Roko, Portsmouth**

## How to get started:

If you require further information or would like to discuss your training needs, please contact:  
The Business Training Unit on **023 9279 4661** or email **apprenticeships@southdowns.ac.uk**

More information on Apprenticeships is available on **www.apprenticeships.org.uk** or by phoning the National Apprenticeship Helpline on **0800 015 0400**



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The South Downs College has charitable status for the provision of Education and Training

